

Gebaseerd op:

[Feasibility of a supervised and home-based tailored exercise intervention in head and neck cancer patients during chemoradiotherapy - PubMed](#)

[Expectations and Experiences of Participating in a Supervised and Home-Based Physical Exercise Intervention in Patients with Head and Neck Cancer during Chemoradiotherapy: A Qualitative Study - PubMed](#)

Weblink proefschrift: [2024 proefschrift annemieke kokmove to eat - 673733f3357b9.pdf](#)

Referenties

1. Jager-Wittenaar H, Dijkstra PU, Vissink A, van der Laan BF, van Oort RP, Roodenburg JL. Critical weight loss in head and neck cancer--prevalence and risk factors at diagnosis: an explorative study. *Support Care Cancer*. 2007;15(9):1 045-1050.
2. Jager-Wittenaar H, Dijkstra PU, Vissink A, Langendijk JA, van der Laan BF, Pruijm J, Roodenburg JL. Changes in nutritional status and dietary intake during and after head and neck cancer treatment. *Head Neck*. 2011;33(6):863-870.
3. Jung AR, Roh JL, Kim JS, Kim SB, Choi SH, Nam SY, Kim SY. Prognostic value of body composition on recurrence and survival of advanced-stage head and neck cancer. *Eur J Cancer*. 2019;116:98-106.
4. Sealy MJ, Dechaphunkul T, van der Schans CP, et al. Low muscle mass is associated with early termination of chemotherapy related to toxicity in patients with head and neck cancer. *Clin Nutr*. 2020;39(2):501-509.
5. Fearon K, Arends J, Baracos V. Understanding the mechanisms and treatment options in cancer cachexia. *Nat Rev Clin Oncol*. 2013;10(2):90-99.
6. van Waart H, Stuiver MM, van Harten WH, et al. Effect of Low-Intensity Physical Activity and Moderate- to High-Intensity Physical Exercise During Adjuvant Chemotherapy on Physical Fitness, Fatigue, and Chemotherapy Completion Rates: Results of the PACES Randomized Clinical Trial. *J Clin Oncol*. 2015;33(17):1918-1927.
7. Patel AV, Friedenreich CM, Moore SC, et al. American College of Sports Medicine Roundtable Report on Physical Activity, Sedentary Behavior, and Cancer Prevention and Control. *Med Sci Sports Exerc*. 2019;51(11):2391-2402.
8. Rogers LQ, Courneya KS, Robbins KT, et al. Physical activity and quality of life in head and neck cancer survivors. *Support Care Cancer*. 2006;14(10):1012-1019.
9. Hashibe M, Brennan P, Chuang SC, et al. Interaction between tobacco and alcohol use and the risk of head and neck cancer: pooled analysis in the International Head and Neck Cancer Epidemiology Consortium. *Cancer Epidemiol Biomarkers Prev*. 2009;18(2):541-550.
10. Rogers LQ, Malone J, Rao K, et al. Exercise preferences among patients with head and neck cancer: prevalence and associations with quality of life, symptom severity, depression, and rural residence. *Head Neck*. 2009;31(8):994-1005.

11. Sealy MJ, Stuver MM, Midtgaard J, et al. Perception and Performance of Physical Activity Behavior after Head and Neck Cancer Treatment: Exploration and Integration of Qualitative and Quantitative Findings. *Int J Environ Res Public Health*. 2021;19(1):287.